

British Masters Road Relay : Sutton Park, Birmingham : 17th May 2014

Race 1

W35, W45, W55, W65, M65, M75

Positions after leg 1

1	Lisa Palmer	35	Heanor	17.09m	71	Claire Eveson	45	Wolv&B	23.50m
2	Sarah Rose	35	CovGod	17.51m	72	Kristina Newton	55	Cobra	24.05m
3	Alison Dargie	35	Tynebr	17.52m	73	Maddie Collinge	55	Mansf	24.13m
4	Jane Wassell	35	Stroud	17.54m	74	Gillian Taylor	55	Rother	24.24m
5	Beverley Simons	35	Salf	18.15m	75	Anna Cosmetti	35	Haleso	24.32m
6	Claire Beatty	35	LeCroA	18.25m	76	Alex D-Elliot	65	Birch	24.34m
7	Sarah Everitt	45	Bristol	18.30m	77	Maura Quill	35	BirmSt	24.39m
8	Liz Wynn	35	Serp	18.38m	78	Christ Eckersley	55	Middle	25.02m
9	Roy Treadwell	65	Oxford	18.48m	79	Dawn Batsford	35	Birch	25.03m
10	Jenni Muston	35	CharnB	18.56m	80	Sarah Tucker	45	Westb	25.04m
11	Jo Thompson	55	BathB	18.57m	81	Elzbieta Lepa	55	BirmSt	25.04m
12	Ola Balme	45	Dulwch	18.59m	82	Teresa Halliday	45	Cobra	25.09m
13	Amanda Davies	35	TelfdA	19.03m	83	Robert Towell	65	SalfdC	25.48m
14	Sally Gray	35	Cannck	19.03m	84	Cheryl Wood	65	Hastng	26.29m
15	Elizabeth Pick	35	Westb	19.04m	85	Melanie Hunter	35	WolvB	27.19m
16	Joanne Spencer	35	CharnA	19.07m	86	Janice Rambridge	65	Bath	27.34m
17	Linda Howell	35	BrnvA	19.08m	87	Leslie Turner	65	Exmth	27.39m
18	Kate McBrien	45	RSCold	19.14m	88	Cathy Messent	55	Blkhth	27.49m
19	Louise Lowe	35	Clowne	19.20m	89	Malcolm Roberts	75	Bingl	43.09m
20	Lesley Leggett	45	Denby	19.25m					
21	Mark McNally	65	Elswck	19.27m					
22	Jennie Butler	35	Blkhth	19.28m					
23	Jayne Taylor	35	Wigan	19.28m					
24	John Corbett	65	Trenth	19.43m					
25	Samantha Morton	45	HalesA	19.49m					
26	David Rose	65	Bath	19.52m					
27	Terry Hawley	65	Rother	19.54m					
28	Liam O'Hare	65	Barnet	20.09m					
29	Helen Lawrenson	35	Wesham	20.10m					
30	Nicola McBride	45	CamCol	20.13m					
31	Steph Spencer	35	Derby	20.17m					
32	Catkin Shelley	45	Serpnt	20.19m					
33	Lynne Whitaker	55	Winch	20.21m					
34	Andrew Carter	65	VRoyal	20.27m					
35	Beverley Ganose	45	Altr	20.30m					
36	Valerie Dunn	55	VRoyal	20.31m					
37	Denise Sanders	45	Telfrd	20.33m					
38	Lucy P-Knowle	45	Tonbr	20.34m					
39	Marie Beddows	35	WolvA	20.38m					
40	Helen Pettit	45	Holmf	20.39m					
41	Michaela Sill	35	Sheff	20.48m					
42	Ken Burgess	65	Altr	21.02m					
43	Jane Morley	55	WoldsA	21.29m					
44	Sam Thompson	35	Stkprt	21.34m					
45	Theresa Woolley	45	Centur	21.35m					
46	Michael Smedley	65	Derby	21.36m					
47	Julie Scholey	45	LeCroA	21.37m					
48	Emma Ball	35	Middlt	21.38m					
49	Pamela Murray	45	Worcs	21.38m					
50	Vincent Murphy	65	SalfdA	21.51m					
51	Rosem Ferguson	45	Blkhth	21.51m					
52	Teresa Cochrane	35	Worcs	21.53m					
53	Pete Covey	65	Bingl	21.56m					
54	Marion Peak	45	BirchA	22.31m					
55	C Greenhouse	45	Bourn	22.46m					
56	Claire Riou	45	BathB	22.52m					
57	Dorothy Fellows	55	Cannck	22.54m					
58	Peter Stark	65	Wolv&B	22.57m					
59	Shirley Hume	55	Westb	23.13m					
60	Dennis Moran	65	SalfdB	23.13m					
61	Kyrinda H-Moore	45	Middle	23.16m					
62	Adrian Lloyd	65	Centur	23.19m					
63	Emma Hopkins	35	BrnvB	23.22m					
64	Ann James	35	LeCroA	23.36m					
65	Derek Wilson	65	BW&F	23.38m					
66	Ralph Davey	65	LeCrou	23.40m					
67	Ray Elston	75	Exmth	23.40m					
68	Linda Dworowski	55	Barnet	23.47m					
69	Sharon Clayton	35	TelfdB	23.48m					
70	Janice Young	45	Hastng	23.49m					

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Positions after leg 2

1	Clare Elms	45	Dulwch	17.47m	+11	36m46
2	Jill Burke	35	Heanor	19.46m	-1	36m55
3	Mistianne Feeney	35	CovGod	19.13m	-1	37m04
4	Rachel Jones	35	Salf	19.00m	+1	37m15
5	Michelle Clarke	35	TelfdA	18.12m	+8	37m15
6	Joanne Fifield	35	Stroud	19.23m	-2	37m17
7	Louise Rodgers	35	Tynebr	19.29m	-4	37m21
8	Cath Wilding	35	Serp	19.02m	+0	37m40
9	C Penlington	35	Blkhth	18.45m	+13	38m13
10	Claire Smith	35	CharnA	19.08m	+6	38m15
11	Bridget Coomber	45	Denby	19.02m	+9	38m27
12	Robert Tintinger	65	Rother	18.46m	+15	38m40
13	Tracy Allan	45	Bristol	20.27m	-6	38m57
14	Harry Matthews	65	Elswck	20.03m	+7	39m30
15	Allan Matthews	65	Oxford	20.53m	-6	39m41
16	Sarah Rock	35	BrnvA	20.35m	+1	39m43
17	Sally Spencer	45	HalesA	19.54m	+8	39m43
18	Sarah Holford	35	Derby	19.35m	+13	39m52
19	Stan Winterton	65	Trenth	20.44m	+5	40m27
20	Elizabeth Hewitt	35	CharnB	21.48m	-10	40m44
21	Sue Coulthurst	35	Wesham	20.46m	+8	40m56
22	Stanley Curran	65	SalfdA	19.12m	+28	41m03
23	Louise Jeffries	55	BathB	22.09m	-12	41m06
24	Pat Rogers	65	Bath	21.22m	+2	41m14
25	Nicholas Bingham	65	Barnet	21.07m	+3	41m16
26	Lesley Ewart	45	Holmf	20.40m	+14	41m19
27	Gillian Russon	35	Cannck	22.22m	-13	41m25
28	Fiona Cosgrove	45	Altr	21.06m	+7	41m36
29	Tracey Dutton	35	Wigan	22.11m	-6	41m39
30	Lisa Pettit	45	Serpnt	21.20m	+2	41m39
31	Deb Blakeman	35	WolvA	21.16m	+8	41m54
32	Joy Radford	55	Winch	21.46m	+1	42m07
33	Juliet Hoad	45	Telfrd	21.35m	+4	42m08
34	Anneke Bull	35	Westb	23.06m	-19	42m10
35	Sandra Lane	35	Worcs	20.25m	+17	42m18
36	Jane Coker	45	LeCroA	20.46m	+11	42m23
37	Maria Brightwell	45	CamCol	22.13m	-7	42m26
38	Michelle Needham	35	Clowne	23.10m	-19	42m30
39	Dave Telford	65	Altr	21.52m	+3	42m54
40	Claire MacNeill	35	Stkprr	21.38m	+4	43m12
41	Estelle Fenton	45	Tonbr	22.54m	-3	43m28
42	Peter Ellerton	65	Bingl	21.39m	+11	43m35
43	Suzanne Browne	45	RSCold	24.45m	-25	43m59
44	Rachel Coupe	35	TelfdB	20.16m	+25	44m04
45	Gillian Jubb	45	Worcs	22.44m	+4	44m22
46	Mary Williams	45	Centur	23.07m	-1	44m42
47	Carly Johnson	55	Mansf	20.44m	+26	44m57
48	Elaine B-Jordan	35	Middlt	23.47m	+0	45m25
49	Michelle Amblin	35	LeCroA	27.09m	-43	45m34
50	Tommy Daniels	65	SalfdB	22.37m	+10	45m50
51	Owen Cooper	65	Wolv&B	23.18m	+7	46m15
52	Mary Ross	45	BirchA	23.50m	+2	46m21
53	Carole Williams	55	VRoyal	25.58m	-17	46m29
54	Jude Glynn	45	Bourn	23.46m	+1	46m32
55	Helen Brown	45	Hastng	23.12m	+15	47m01
56	Allison Talbot	45	BathB	24.15m	+0	47m07
57	Pat Gallagher	55	Westb	24.11m	+2	47m24
58	Cathie Murphy	45	Middle	24.31m	+3	47m47
59	Robert Massey	65	BW&F	24.22m	+6	48m00
60	John Twamley	65	Centur	24.48m	+2	48m07
61	John Perratt	75	Exmth	25.05m	+6	48m45
62	Susan Green	55	WoldsA	27.29m	-19	48m58
63	Lisa Hodgkins	45	Wolv&B	25.25m	+8	49m15
64	Kay Ridgwell	45	Westb	24.18m	+16	49m22
65	Helen Bustin	35	Haleso	24.53m	+10	49m25
66	Anne Russell	35	BirmSt	25.15m	+11	49m54
67	Jeffrey Aston	65	LeCrou	26.25m	-1	50m05
68	Shaun McGrath	65	VRoyal	29.45m	-34	50m12
69	Lesley Pymm	35	BrnvB	26.57m	-6	50m19
70	Tracy Clarke	35	Birch	25.24m	+9	50m27
71	Fiona Bolton	55	Middle	25.52m	+7	50m54
72	Barry Roberts	65	Birch	26.27m	+4	51m01
73	Kerry Phillips	45	Cobra	25.58m	+9	51m07
74	Roger Rowe	65	Exmth	23.38m	+13	51m17
75	Rosem Williams	35	LeCroA	27.47m	-11	51m23
76	Frank Murray	65	SalfdC	25.42m	+7	51m30

77	Sarah Marzaioli	65	Hastng	25.01m	+7	51m30
78	Anne Cilia	55	Blkhth	23.55m	+10	51m44
79	Andrea Garlick	35	WolvB	24.37m	+6	51m56
80	B Worthington	65	Derby	30.32m	-34	52m08
81	Jennifer Horan	55	Rother	27.55m	-7	52m19
82	Francine Orme	55	Cobra	28.37m	-10	52m42
83	Pauline Lygo	55	Barnet	29.23m	-15	53m10
84	John Smithurst	75	Bingl	23.40m	+5	1h06m49

Fastest laps in leg 2

1	Clare Elms	45	Dulwch	17.47m	+11
2	Michelle Clarke	35	TelfdA	18.12m	+8
3	C Penlington	35	Blkhth	18.45m	+13
4	Robert Tintinger	65	Rother	18.46m	+15
5	Rachel Jones	35	Salf	19.00m	+1
6	Cath Wilding	35	Serp	19.02m	+0
7	Bridget Coomber	45	Denby	19.02m	+9
8	Claire Smith	35	CharnA	19.08m	+6
9	Stanley Curran	65	SalfdA	19.12m	+28
10	Mistianne Feeney	35	CovGod	19.13m	-1

British Masters Road Relay : Sutton Park, Birmingham : 17th May 2014

Positions after leg 3

1	Hayley Kuter	35	Salf	17.39m	+3	54m54
2	Louise Insley	35	Heanor	18.01m	+0	54m56
3	Heidi North	35	Stroud	18.20m	+3	55m37
4	Clare McKittrick	35	CharnA	18.27m	+6	56m42
5	Laura Denison	35	Serp	19.26m	+3	57m06
6	Nichola McNally	45	Denby	19.00m	+5	57m27
7	Lindsay Walsh	35	Tynebr	20.13m	+0	57m34
8	Jane Bradshaw	35	Blkhth	19.45m	+1	57m58
9	Michael Marsters	65	Rother	19.24m	+3	58m04
10	Lucie T-Harris	35	TelfdA	20.51m	-5	58m06
11	Clare Jolliffe	45	Bristol	19.19m	+2	58m16
12	Jayne Mumford	35	CovGod	21.43m	-9	58m47
13	Michelle Lennon	45	Dulwch	22.18m	-12	59m04
14	John Exley	65	Oxford	20.14m	+1	59m55
15	Carmel Sullivan	35	Wesham	19.43m	+6	1h00m39
16	Dennis Frain	65	Trenth	20.39m	+3	1h01m06
17	Julie Dale	45	HalesA	21.39m	+0	1h01m22
18	Stephen White	65	Elswck	21.58m	-4	1h01m28
19	Suz West	35	BrnvA	21.51m	-3	1h01m34
20	Julie Kirby	45	Telfrd	19.28m	+13	1h01m36
21	Julia Johnson	45	Holmf	20.21m	+5	1h01m40
22	Julie Platt	35	Wigan	20.21m	+7	1h02m00
23	John Owen	65	Barnet	20.49m	+2	1h02m05
24	Nina Skilton	35	Cannck	20.48m	+3	1h02m13
25	Karen Butler	55	BathB	21.24m	-2	1h02m30
26	Nicola Thompson	35	CharnB	21.51m	-6	1h02m35
27	Roland Bowness	65	SalfdA	21.58m	-5	1h03m01
28	Carole Harrison	45	Altr	21.25m	+0	1h03m01
29	Jane Nodder	45	Serpnt	21.34m	+1	1h03m13
30	Jeff Norman	65	Altr	20.32m	+9	1h03m26
31	Allison Woodhead	35	Derby	23.48m	-13	1h03m40
32	Joanna Curtis	55	Winch	21.37m	+0	1h03m44
33	Anne O'Connell	35	Worcs	21.55m	+2	1h04m13
34	Lynn Roberts	45	CamCol	22.03m	+3	1h04m29
35	Melanie Adams	35	Clowne	22.23m	+3	1h04m53
36	Mike Smith	65	Bingl	21.50m	+6	1h05m25
37	Lisa Blagden	35	TelfdB	22.07m	+7	1h06m11
38	Emma Avis	45	Tonbr	22.52m	+3	1h06m20
39	Vicky Barrett	35	Stkprr	23.38m	+1	1h06m50
40	Yvonne Bullen	45	LeCroA	24.32m	-4	1h06m55
41	J Robathan	45	Centur	22.18m	+5	1h07m00
42	Riz Maslen	45	Hastng	20.01m	+13	1h07m02
43	Val Carter	45	BirchA	21.00m	+9	1h07m21
44	Liz Paton-Lister	35	WolvA	25.40m	-13	1h07m34
45	Catherine Dale	45	BathB	21.38m	+11	1h08m45
46	Joanna Adamson	35	Middlt	23.30m	+2	1h08m55
47	Kate Russell	35	LeCroA	23.47m	+2	1h09m21
48	Sue Bellingham	35	Mansf	24.42m	-1	1h09m39
49	Reg Smallbone	65	BW&F	21.44m	+10	1h09m44
50	Sidney Sacks	65	SalfdB	24.02m	+0	1h09m52
51	James Calderbank	65	Centur	22.30m	+9	1h10m37
52	Nikki Singh	45	RSCold	26.59m	-9	1h10m58
53	Marg Crosswell	45	Worcs	26.55m	-8	1h11m17
54	John Plain	65	LeCrou	21.45m	+13	1h11m50
55	Colin Rathbone	65	VRoyal	21.48m	+13	1h12m00
56	P Williamson	45	Bourn	26.00m	-2	1h12m32
57	Eithne Noonan	55	Westb	25.38m	+0	1h13m02
58	Christine Brooks	45	Middle	25.36m	+0	1h13m23
59	Sandra Sforza	45	Westb	24.04m	+5	1h13m26
60	Carol Jagpal	35	BirmSt	24.17m	+6	1h14m11
61	Nicola Morris	35	BrnvB	24.00m	+8	1h14m19
62	Mick Allen	75	Exmth	25.37m	-1	1h14m22
63	Helen Attwood	35	Haleso	25.52m	+2	1h15m17
64	Sylvia Huggett	65	Hastng	23.55m	+13	1h15m25
65	Pauline Davies	55	VRoyal	29.11m	-12	1h15m40
66	C Dallimore	35	LeCroA	24.20m	+9	1h15m43
67	Jan Brookes	45	Wolv&B	27.52m	-4	1h17m07
68	Wendy Whitaker	55	Rother	25.33m	+13	1h17m52
69	Mike Keep	65	Exmth	26.53m	+5	1h18m10
70	Manisha Patel	35	Birch	27.45m	+0	1h18m12
71	Sally Folkes	45	Cobra	27.07m	+2	1h18m14
72	Shelagh Ackers	55	Middle	27.21m	-1	1h18m15
73	Michael Butterly	65	Derby	27.11m	+7	1h19m19
74	R DeLa Bertauche	55	Barnet	27.07m	+9	1h20m17
75	Maz Turner	55	Blkhth	28.58m	+3	1h20m42
76	Ursula Elwell	55	Cobra	32.09m	+6	1h24m51

77	Zoe Dixon	35	Westb	42.50m	-43	1h25m00
78	Fred Gibbs	75	Bingl	21.12m	+6	1h28m01
79	Arthur Walsham	65	SalfdC	40.15m	-3	1h31m45
80	John Summerton	65	Birch	44.30m	-8	1h35m31

Fastest laps in leg 3

1	Hayley Kuter	35	Salf	17.39m	+3
2	Louise Insley	35	Heanor	18.01m	+0
3	Heidi North	35	Stroud	18.20m	+3
4	Clare McKittrick	35	CharnA	18.27m	+6
5	Nichola McNally	45	Denby	19.00m	+5
6	Clare Jolliffe	45	Bristol	19.19m	+2
7	Michael Marsters	65	Rother	19.24m	+3
8	Laura Denison	35	Serp	19.26m	+3
9	Julie Kirby	45	Telfrd	19.28m	+13
10	Carmel Sullivan	35	Wesham	19.43m	+6

Positions after leg 4

1	Gwen Kinsey	35	Stroud	18.07m	+2	1h13m44
2	W Roethenbaugh	35	Heanor	19.29m	+0	1h14m25
3	Claire Martin	35	TelfdA	17.09m	+7	1h15m15
4	Tara Krzywicki	35	CharnA	18.38m	+0	1h15m20
5	Jane Fanning	35	Serp	18.28m	+0	1h15m34
6	Isobel Knox	35	Tynebr	19.58m	+1	1h17m32
7	Jenny Neal	35	Blkhth	19.41m	+1	1h17m39
8	Ruth Ollerenshaw	35	Salf	23.30m	-7	1h18m24
9	Eileen Williams	35	CovGod	22.13m	+3	1h21m00
10	Kate Ramsey	35	CharnB	19.52m	+16	1h22m27
11	Jacqueline Jones	35	Wigan	20.52m	+11	1h22m52
12	Laura Gale	35	BrnvA	22.05m	+7	1h23m39
13	Lisa Minns	35	Wesham	23.26m	+2	1h24m05
14	Susan K-Boxley	35	Cannck	22.11m	+10	1h24m24
15	Jacqui Robson	35	Clowne	20.03m	+20	1h24m56
16	Karen Matthews	35	Worcs	21.08m	+17	1h25m21
17	Audrey Wilson	35	WolvA	19.13m	+27	1h26m47
18	Jane Clarke	35	TelfdB	21.44m	+19	1h27m55
19	Maureen Wilkins	35	Stkprr	22.01m	+20	1h28m51
20	Paula Parkin	35	Derby	25.20m	+11	1h29m00
21	Susan Watson	35	LeCroA	20.02m	+26	1h29m23
22	Amana McCarthy	35	Middlt	23.43m	+24	1h32m38
23	Eva Williams	35	Mansf	25.38m	+25	1h35m17
24	Raquel Cazorla	35	BirmSt	23.49m	+36	1h38m00
25	Caroline Lambert	35	Haleso	23.01m	+38	1h38m18
26	Rachel Partridge	35	BrnvB	25.17m	+35	1h39m36

Fastest laps in leg 4

1	Claire Martin	35	TelfdA	17.09m	+7
2	Gwen Kinsey	35	Stroud	18.07m	+2
3	Jane Fanning	35	Serp	18.28m	+0
4	Tara Krzywicki	35	CharnA	18.38m	+0
5	Audrey Wilson	35	WolvA	19.13m	+27
6	W Roethenbaugh	35	Heanor	19.29m	+0
7	Jenny Neal	35	Blkhth	19.41m	+1
8	Kate Ramsey	35	CharnB	19.52m	+16
9	Isobel Knox	35	Tynebr	19.58m	+1
10	Susan Watson	35	LeCroA	20.02m	+26

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W35 Team Results

1 Stroud & District AC 1h13.44m

Jane Wassell	17.54m	
Joanne Fifield	19.23m	-2
Heidi North	18.20m	+3
Gwen Kinsey	18.07m	+2

2 Heanor Running Club 1h14.25m

Lisa Palmer	17.09m	
Jill Burke	19.46m	-1
Louise Insley	18.01m	+0
W Roethenbaugh	19.29m	+0

3 Telford AC A 1h15.15m

Amanda Davies	19.03m	
Michelle Clarke	18.12m	+8
Lucie T-Harris	20.51m	-5
Claire Martin	17.09m	+7

4 Charnwood AC A 1h15.20m

Joanne Spencer	19.07m	
Claire Smith	19.08m	+6
Clare McKittrick	18.27m	+6
Tara Krzywicki	18.38m	+0

5 Serpentine RC 1h15.34m

Liz Wynn	18.38m	
Cath Wilding	19.02m	+0
Laura Denison	19.26m	+3
Jane Fanning	18.28m	+0

6 Tynebridge Harriers 1h17.32m

Alison Dargie	17.52m	
Louise Rodgers	19.29m	-4
Lindsay Walsh	20.13m	+0
Isobel Knox	19.58m	+1

7 Blackheath and Bromley 1h17.39m

Jennie Butler	19.28m	
C Penlington	18.45m	+13
Jane Bradshaw	19.45m	+1
Jenny Neal	19.41m	+1

8 Salford Harriers & AC 1h18.24m

Beverley Simons	18.15m	
Rachel Jones	19.00m	+1
Hayley Kuter	17.39m	+3
Ruth Ollerenshaw	23.30m	-7

9 Coventry Godiva Harriers 1h21.00m

Sarah Rose	17.51m	
Mistianne Feeney	19.13m	-1
Jayne Mumford	21.43m	-9
Eileen Williams	22.13m	+3

10 Charnwood AC B 1h22.27m

Jenni Muston	18.56m	
Elizabeth Hewitt	21.48m	-10
Nicola Thompson	21.51m	-6
Kate Ramsey	19.52m	+16

11 Wigan & District H & AC 1h22.52m

Jayne Taylor	19.28m	
Tracey Dutton	22.11m	-6
Julie Platt	20.21m	+7
Jacqueline Jones	20.52m	+11

12 Bournville Harriers A 1h23.39m

Linda Howell	19.08m	
Sarah Rock	20.35m	+1
Suz West	21.51m	-3
Laura Gale	22.05m	+7

13 Wesham Road Runners & AC 1h24.05m

Helen Lawrenson	20.10m	
Sue Coulthurst	20.46m	+8
Carmel Sullivan	19.43m	+6
Lisa Minns	23.26m	+2

14 Cannock & Stafford AC 1h24.24m

Sally Gray	19.03m	
Gillian Russon	22.22m	-13
Nina Skilton	20.48m	+3
Susan K-Boxley	22.11m	+10

15 Clowne Road Runners Club 1h24.56m

Louise Lowe	19.20m	
Michelle Needham	23.10m	-19
Melanie Adams	22.23m	+3
Jacqui Robson	20.03m	+20

16 Worcester AC 1h25.21m

Teresa Cochrane	21.53m	
Sandra Lane	20.25m	+17
Anne O'Connell	21.55m	+2
Karen Matthews	21.08m	+17

17 Wolverhampton & Bilston A 1h26.47m

Marie Beddows	20.38m	
Deb Blakeman	21.16m	+8
Liz Paton-Lister	25.40m	-13
Audrey Wilson	19.13m	+27

18 Telford AC B 1h27.55m

Sharon Clayton	23.48m	
Rachel Coupe	20.16m	+25
Lisa Blagden	22.07m	+7
Jane Clarke	21.44m	+19

19 Stockport Harriers & AC 1h28.51m

Sam Thompson	21.34m	
Claire MacNeill	21.38m	+4
Vicky Barrett	23.38m	+1
Maureen Wilkins	22.01m	+20

20 Derby Athletic Club 1h29.00m

Steph Spencer	20.17m	
Sarah Holford	19.35m	+13
Allison Woodhead	23.48m	-13
Paula Parkin	25.20m	+11

21 Les Croupiers A 1h29.23m

Claire Beatty	18.25m	
Michelle Amblin	27.09m	-43
Kate Russell	23.47m	+2
Susan Watson	20.02m	+26

22 Middleton Harriers AC 1h32.38m

Emma Ball	21.38m	
Elaine B-Jordan	23.47m	+0
Joanna Adamson	23.30m	+2
Amana McCarthy	23.43m	+24

23 Mansfield Harriers 1h35.17m

Maddie Collinge	24.13m	
Carly Johnson	20.44m	+26
Sue Bellingham	24.42m	-1
Eva Williams	25.38m	+25

24 City of Birmingham Str 1h38.00m

Maura Quill	24.39m	
Anne Russell	25.15m	+11
Carol Jagpal	24.17m	+6
Raquel Cazorla	23.49m	+36

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25 Halesowen A & CC	1h38.18m	
Anna Cosmetti	24.32m	
Helen Bustin	24.53m	+10
Helen Attwood	25.52m	+2
Caroline Lambert	23.01m	+38

26 Bournville Harriers B	1h39.36m	
Emma Hopkins	23.22m	
Lesley Pymm	26.57m	-6
Nicola Morris	24.00m	+8
Rachel Partridge	25.17m	+35

27 Birchfield Harriers		
Dawn Batsford	25.03m	
Tracy Clarke	25.24m	+9
Manisha Patel	27.45m	+0

28 Sheffield RC		
Michaela Sill	20.48m	

29 Westbury Harrier		
Elizabeth Pick	19.04m	
Anneke Bull	23.06m	-19
Zoe Dixon	42.50m	-43

30 Wolverhampton & Bilston B		
Melanie Hunter	27.19m	
Andrea Garlick	24.37m	+6

W45 Team Results

1 Denby Dale Travellers	57.27m	
Lesley Leggett	19.25m	
Bridget Coomber	19.02m	+9
Nichola McNally	19.00m	+5

2 Bristol and West AC	58.16m	
Sarah Everitt	18.30m	
Tracy Allan	20.27m	-6
Clare Jolliffe	19.19m	+2

3 Dulwich Runners AC	59.04m	
Ola Balme	18.59m	
Clare Elms	17.47m	+11
Michelle Lennon	22.18m	-12

4 Halesowen A & CC A	1h01.22m	
Samantha Morton	19.49m	
Sally Spencer	19.54m	+8
Julie Dale	21.39m	+0

5 Telford AC	1h01.36m	
Denise Sanders	20.33m	
Juliet Hoad	21.35m	+4
Julie Kirby	19.28m	+13

6 Holmfirth Harriers AC	1h01.40m	
Helen Pettit	20.39m	
Lesley Ewart	20.40m	+14
Julia Johnson	20.21m	+5

Altrincham & District AC	1h03.01m	
Beverley Ganose	20.30m	
Fiona Cosgrove	21.06m	+7
Carole Harrison	21.25m	+0

8 Serpentine RC	1h03.13m	
Catkin Shelley	20.19m	
Lisa Pettit	21.20m	+2
Jane Nodder	21.34m	+1

9 Cambridge & Coleridge AC	1h04.29m	
Nicola McBride	20.13m	
Maria Brightwell	22.13m	-7
Lynn Roberts	22.03m	+3

10 Tonbridge AC	1h06.20m	
Lucy P-Knowle	20.34m	
Estelle Fenton	22.54m	-3
Emma Avis	22.52m	+3

11 Les Croupiers A	1h06.55m	
Julie Scholey	21.37m	
Jane Coker	20.46m	+11
Yvonne Bullen	24.32m	-4

12 Centurion RC	1h07.00m	
Theresa Woolley	21.35m	
Mary Williams	23.07m	-1
J Robathan	22.18m	+5

13 Hastings Runners	1h07.02m	
Janice Young	23.49m	
Helen Brown	23.12m	+15
Riz Maslen	20.01m	+13

14 Birchfield Harriers A	1h07.21m	
Marion Peak	22.31m	
Mary Ross	23.50m	+2
Val Carter	21.00m	+9

15 Team Bath AC B	1h08.45m	
Claire Riou	22.52m	
Allison Talbot	24.15m	+0
Catherine Dale	21.38m	+11

16 Royal Sutton Coldfield AC	1h10.58m	
Kate McBrien	19.14m	
Suzanne Browne	24.45m	-25
Nikki Singh	26.59m	-9

17 Worcester AC	1h11.17m	
Pamela Murray	21.38m	
Gillian Jubb	22.44m	+4
Marg Crosswell	26.55m	-8

18 Bournville Harriers	1h12.32m	
C Greenhouse	22.46m	
Jude Glynn	23.46m	+1
P Williamson	26.00m	-2

19 Middleton Harriers AC	1h13.23m	
Kyrinda H-Moore	23.16m	
Cathie Murphy	24.31m	+3
Christine Brooks	25.36m	+0

20 Westbury Harriers	1h13.26m	
Sarah Tucker	25.04m	
Kay Ridgwell	24.18m	+16
Sandra Sforza	24.04m	+5

21 Wolverhampton & Bilston	1h17.07m	
Claire Eveson	23.50m	
Lisa Hodgkins	25.25m	+8
Jan Brookes	27.52m	-4

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22 Cobra Running & Triathlon 1h18.14m

Teresa Halliday	25.09m	
Kerry Phillips	25.58m	+9
Sally Folkes	27.07m	+2

23 Blackheath and Bromley <td></table>

Rosem Ferguson	21.51m	
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W55 Team Results

1 Team Bath AC B 1h02.30m

Jo Thompson	18.57m	
Louise Jeffries	22.09m	-12
Karen Butler	21.24m	-2

2 Winchester & District AC 1h03.44m

Lynne Whitaker	20.21m	
Joy Radford	21.46m	+1
Joanna Curtis	21.37m	+0

3 Westbury Harriers 1h13.02m

Shirley Hume	23.13m	
Pat Gallagher	24.11m	+2
Eithne Noonan	25.38m	+0

4 Vale Royal AC 1h15.40m

Valerie Dunn	20.31m	
Carole Williams	25.58m	-17
Pauline Davies	29.11m	-12

5 Les Croupiers A 1h15.43m

Ann James	23.36m	
Rosem Williams	27.47m	-11
C Dallimore	24.20m	+9

6 Rotherham Harriers and AC 1h17.52m

Gillian Taylor	24.24m	
Jennifer Horan	27.55m	-7
Wendy Whitaker	25.33m	+13

7 Middleton Harriers AC 1h18.15m

Christ Eckersley	25.02m	
Fiona Bolton	25.52m	+7
Shelagh Ackers	27.21m	-1

8 Barnet & District AC 1h20.17m

Linda Dworowski	23.47m	
Pauline Lygo	29.23m	-15
R DeLa Bertauche	27.07m	+9

9 Blackheath and Bromley 1h20.42m

Cathy Messent	27.49m	
Anne Cilia	23.55m	+10
Maz Turner	28.58m	+3

10 Cobra Running & Triathlon 1h24.51m

Kristina Newton	24.05m	
Francine Orme	28.37m	-10
Ursula Elwell	32.09m	+6

11 Cannock & Stafford AC <td></table>

Dorothy Fellows	22.54m	
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12 City of Birmingham Str <td></table>

Elzbieta Lepa	25.04m	
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13 Wolds Veteran RC A <td></table>

Jane Morley	21.29m	
Susan Green	27.29m	-19

W65 Team Results

1 Hastings Runners 1h15.25m

Cheryl Wood	26.29m	
Sarah Marzaioli	25.01m	+7
Sylvia Huggett	23.55m	+13

2 Team Bath Athletics Club <td></table>

Janice Rambridge	27.34m	
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M65 Team Results

1 Rotherham Harriers and AC 58.04m

Terry Hawley	19.54m	
Robert Tintinger	18.46m	+15
Michael Marsters	19.24m	+3

2 Oxford City AC 59.55m

Roy Treadwell	18.48m	
Allan Matthews	20.53m	-6
John Exley	20.14m	+1

3 Trentham RC 1h01.06m

John Corbett	19.43m	
Stan Winterton	20.44m	+5
Dennis Frain	20.39m	+3

4 Elswick Harriers 1h01.28m

Mark McNally	19.27m	
Harry Matthews	20.03m	+7
Stephen White	21.58m	-4

5 Barnet & District AC 1h02.05m

Liam O'Hare	20.09m	
Nicholas Bingham	21.07m	+3
John Owen	20.49m	+2

6 Salford Harriers & AC A 1h03.01m

Vincent Murphy	21.51m	
Stanley Curran	19.12m	+28
Roland Bowness	21.58m	-5

7 Altrincham & District AC 1h03.26m

Ken Burgess	21.02m	
Dave Telford	21.52m	+3
Jeff Norman	20.32m	+9

8 Bingley Harriers & AC 1h05.25m

Pete Covey	21.56m	
Peter Ellerton	21.39m	+11
Mike Smith	21.50m	+6

9 Blackpool Wyre & Fylde AC 1h09.44m

Derek Wilson	23.38m	
Robert Massey	24.22m	+6
Reg Smallbone	21.44m	+10

10 Salford Harriers & AC B 1h09.52m

Dennis Moran	23.13m	
Tommy Daniels	22.37m	+10
Sidney Sacks	24.02m	+0

11 Centurion RC 1h10.37m

Adrian Lloyd	23.19m	
John Twamley	24.48m	+2
James Calderbank	22.30m	+9

12 Les Croupiers 1h11.50m

Ralph Davey	23.40m	
Jeffrey Aston	26.25m	-1
John Plain	21.45m	+13

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13 Vale Royal AC 1h12.00m

Andrew Carter	20.27m	
Shaun McGrath	29.45m	-34
Colin Rathbone	21.48m	+13

14 Exmouth Harriers 1h18.10m

Leslie Turner	27.39m	
Roger Rowe	23.38m	+13
Mike Keep	26.53m	+5

15 Derby Athletic Club 1h19.19m

Michael Smedley	21.36m	
B Worthington	30.32m	-34
Michael Butterly	27.11m	+7

16 Salford Harriers & AC C 1h31.45m

Robert Towell	25.48m	
Frank Murray	25.42m	+7
Arthur Walsham	40.15m	-3

17 Birchfield Harriers 1h35.31m

Alex D-Elliot	24.34m	
Barry Roberts	26.27m	+4
John Summerton	44.30m	-8

18 Team Bath Athletics Club <td></table>

David Rose	19.52m	
Pat Rogers	21.22m	+2

19 Wolverhampton & Bilston <td></table>

Peter Stark	22.57m	
Owen Cooper	23.18m	+7

M75 Team Results

1 Exmouth RC 1h14.22m

Ray Elston	23.40m	
John Perratt	25.05m	+6
Mick Allen	25.37m	-1

2 Bingley Harriers & AC 1h28.01m

Malcolm Roberts	43.09m	
John Smithurst	23.40m	+5
Fred Gibbs	21.12m	+6