

British Masters Road Relay : Sutton Park, Birmingham : 16th May 2015

Race 3 – M35, M45

Positions after leg 1

1	Elliot Robinson	35	AFD	15.01m
2	Mark Powell	35	LeiCor	15.12m
3	Stu Robinson	35	Salfd A	15.19m
4	Gordon Lee	45	LeiCor	15.20m
5	Ben Reynolds	35	ThamHH	15.29m
6	Kevin Jeffress	35	SundH	15.31m
7	Mark Ince	35	BRATC	15.37m
8	Stuart Doyle	35	ValeRo	15.40m
9	Gary Pennington	35	Prestn	15.41m
10	Scott Hazell	35	CovGod	15.43m
11	Mark Couldwell	35	Charnw	15.44m
12	Mark Symes	45	AFD	15.52m
13	Dean Parker	35	Bournv	15.53m
14	Matt Pyatt	35	Ryston	15.55m
15	Jeff Prest	35	Traffd	15.58m
16	Oli Harradence	35	RSCold	16.07m
17	Gerry O'Neill	45	Salfd	16.08m
18	Martin Dawson	35	NDerby	16.11m
19	Graham McCabe	35	Kirkin	16.11m
20	Keith Smith	45	TyneBr	16.12m
21	Gary Fitzpatrick	35	Wigan	16.16m
22	Spencer Goodall	45	Norwch	16.17m
23	Andrew Leach	45	NHerts	16.17m
24	David Coales	45	TmBath	16.18m
25	Joe Fowler	35	Sheff	16.18m
26	Steve Paterson	35	LeCrou	16.19m
27	Steve Rand	35	Havrng	16.20m
28	Mark Vaughan	35	NHerts	16.21m
29	Sam Chatwin	35	Birchf	16.22m
30	Gary Thomas	35	WoldsV	16.23m
31	Gareth Briggs	35	Wolv&B	16.28m
32	Jason Burgess	35	Staffs	16.29m
33	Tony Tuohy	45	Dulwch	16.32m
34	Scott Green	35	Owls	16.35m
35	Jim McMahan	45	BedfCo	16.37m
36	Warren Miles	35	Worcs	16.44m
37	Keith Newton	45	HerneH	16.44m
38	Paul Waterston	35	Morph	16.45m
39	Rob Andrew	45	RSCold	16.51m
40	Dave Hudson	35	Salfd B	16.51m
41	Cees VanDer Land	35	TyneBr	16.53m
42	Philip Clamp	35	Tipton	16.56m
43	Paul Wyatt	35	Havrng	16.56m
44	Chris Jenkins	35	Neath	17.03m
45	John Atyeo	45	Oxford	17.04m
46	Martyn Brunt	45	CovGod	17.11m
47	Martin Williams	45	LeCrou	17.12m
48	Andrew Kelleher	45	Barnet	17.13m
49	Derek Crewe	45	Salfd	17.14m
50	Roger Mallard	35	Haleso	17.18m
51	David Cantwell	35	Woodst	17.18m
52	Huw Jones	45	BRATC	17.20m
53	Barry Hirst	45	ECH&T	17.21m
54	Kevin Willett	45	BedfH	17.22m
55	Simon Nash	45	Redhill	17.24m
56	Graeme Saker	45	Tonbrg	17.25m
57	Charlie Thomson	35	RHCamb	17.26m
58	-----		No 102	17.28m
59	James Head	35	Gloucs	17.36m
60	Phillip Shaw	45	Mansfd	17.37m
61	Stuart Pearson	35	Bournv	17.38m
62	John Comrie	45	Rother	17.45m
63	Kevin Duckworth	45	Dudley	17.52m
64	Paul Brown	45	Morph	17.57m
65	Neil Ayrton	45	Blkhth	18.01m
66	David Shepherd	45	ValeRo	18.02m
67	I Satterthwaite	35	Centur	18.05m
68	Toby Close	35	BRATC	18.05m
69	Scott Hunter	35	RHCamb	18.06m
70	David Lewis	45	Haleso	18.11m
71	Glenn North	35	Charnw	18.16m
72	Paul Shackleton	45	CLM	18.18m
73	Richard Jones	45	Shrews	18.22m
74	Franklyn Young	45	Winch	18.31m

75	Phil Twite	35	Ryston	18.46m
76	Robert Edwards	45	Wolv&B	19.14m
77	Evatt Cummings	45	LeCrou	19.20m
78	Lance Hemmings	45	NeneV	19.25m
79	Stephen Church	45	Norwch	19.39m
80	David Banks	45	Wigan	19.45m
81	Matthew Stenson	45	RSCold	19.46m
82	Paul Wale	35	CLM	19.49m
83	Jonathan Swain	35	Birchf	19.52m
84	Darren Thompson	45	Dudley	19.54m
85	Stu Whitehouse	35	Wolv&B	19.57m
86	Antony Stewart	35	Bournv	20.05m
87	Andy Wicklen	35	Ryston	20.11m
88	Anthony Cohen	45	Tonbrg	20.13m
89	Stuart Underwood	45	Sparkh	20.19m
90	Bryan Mills	35	Tipton	20.43m
91	Richard Tonks	35	Dudley	21.04m
92	Martin Young	45	WoldsV	22.36m
93	Jeffrey Reed	45	Ryston	27.08m

Positions after leg 2

1	Phillip Tedd	35	ThamHH	15.18m	+4	30m47
2	James Williams	35	Salfd A	15.42m	+1	31m01
3	Brian Wakem	35	AFD	16.07m	-2	31m08
4	Steven McMahon	35	SundH	16.02m	+2	31m33
5	James Douglas	35	Charnw	15.54m	+6	31m38
6	Jason Parker	35	Prestn	16.21m	+3	32m02
7	Huw Evans	35	LeCrou	15.45m	+19	32m04
8	Orlando Corea	35	Birchf	15.49m	+21	32m11
9	Robert Gilroy	35	RHCamb	14.47m	+48	32m13
10	David Pearce	45	LeiCor	16.54m	-6	32m14
11	Iwan Jones	35	CovGod	16.32m	-1	32m15
12	Simon Saxby	35	WoldsV	15.56m	+18	32m19
13	Tad Dicker	45	AFD	16.28m	-1	32m20
14	Stephen Allan	35	Kirkin	16.19m	+5	32m30
15	Kevin McMillan	35	BRATC	16.53m	-8	32m30
16	Richard Bayliss	35	Bournv	16.42m	-3	32m35
17	Paul Grange	35	Havrng	16.20m	+10	32m40
18	Paul Simons	45	Salfd	16.38m	-1	32m46
19	Malcolm Tuff	35	Ryston	16.58m	-5	32m53
20	Tim Fletcher	35	Traffd	16.58m	-5	32m56
21	James Bolton	35	Woodst	15.45m	+30	33m03
22	Paul Thacker	35	Wolv&B	16.36m	+9	33m04
23	Matt Tomlinson	45	TyneBr	16.53m	-3	33m05
24	Paul Terleski	35	RSCold	17.05m	-8	33m12
25	Stephen Davies	45	Dulwch	16.43m	+8	33m15
26	Trevor Neville	35	Sheff	17.01m	-1	33m19
27	Paul Sorrell	35	NDerby	17.09m	-9	33m20
28	Paul Turnbull	35	TyneBr	16.30m	+13	33m23
29	Stephen Millward	35	Gloucs	15.48m	+30	33m24
30	John Rayner	35	NHerts	17.07m	-2	33m28
31	Neil Wilkinson	35	Morph	16.49m	+7	33m34
32	Greg Beech	35	Staffs	17.10m	+0	33m39
33	Matt Sweeting	35	ValeRo	18.01m	-25	33m41
34	Heath Bampton	45	Oxford	16.38m	+11	33m42
35	Adrian Mason	45	Barnet	16.34m	+13	33m47
36	Nick Malpeli	45	NHerts	17.37m	-13	33m54
37	Stephen Earley	45	BedfCo	17.23m	-2	34m00
38	Paul Rogers	35	Tipton	17.05m	+4	34m01
39	Andy Wetherill	45	Mansfd	16.35m	+21	34m12
40	Tom Kenderdine	35	Haleso	16.58m	+10	34m16
41	Gary Hughes	45	TmBath	18.11m	-17	34m29
42	Simon Corker	45	RSCold	17.43m	-3	34m34
43	Nick Hitchings	35	Worcs	17.54m	-7	34m38
44	Mike Harris	35	Wigan	18.27m	-23	34m43
45	Jason Crispin	35	Havrng	17.51m	-2	34m47
46	Charles Foster	35	Salfd B	17.57m	-6	34m48
47	Frank McGowan	35	RHCamb	16.44m	+22	34m50
48	Goy Roper	45	Norwch	18.54m	-26	35m11
49	Dale Cave	35	Owls	18.40m	-15	35m15
50	Bill Nock	45	Haleso	17.15m	+20	35m26
51	Philip Coleman	45	Tonbrg	18.02m	+5	35m27
52	Stuart Male	35	BRATC	17.24m	+16	35m29
53	Philip Walker	45	Morph	17.36m	+11	35m33
54	Andrew Jenkins	35	Neath	18.30m	-10	35m33
55	Richard Rollins	35	Bournv	17.55m	+6	35m33

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56	Andy Kenchington	45	BRATC	18.14m	-4	35m34	26	Jason Corns	35	Wolv&B	17.30m	-4	50m34
57	Ben Farag	45	LeCrou	18.34m	-10	35m46	27	Alan Smith	45	Mansfd	16.28m	+12	50m40
58	Andrew Sprague	45	Dudley	17.57m	+5	35m49	28	Kevin Bartholomew	35	Sheff	17.23m	-2	50m42
59	Ian Gower	45	CovGod	18.45m	-13	35m56	29	Steven Herring	45	BedfCo	16.44m	+8	50m44
60	Neil Lovesey	45	BedfH	18.35m	-6	35m57	30	Bask Richard	45	Oxford	17.13m	+4	50m55
61	Paul Birkett	45	Salfd	18.47m	-12	36m01	31	Dean Hill	35	Tipton	17.02m	+7	51m03
62	Kevin Francis	45	Shrews	17.49m	+11	36m11	32	Eberhard Prill	45	Dulwch	17.58m	-7	51m13
63	David Neal	45	NeneV	16.52m	+15	36m17	33	Steve Rees	35	Neath	16.09m	+21	51m42
64	Clive Greyson	45	Redhll	18.54m	-9	36m18	34	Bryan Vaughan	35	Woodst	18.45m	-13	51m48
65	Martin Makin	35	Charnw	18.03m	+6	36m19	35	James Walsh	45	NHerts	17.55m	+1	51m49
66	-----		No 102	19.03m	-8	36m31	36	Costa Michael	45	Barnet	18.05m	-1	51m52
67	Garry Wilkinson	45	CLM	18.25m	+5	36m43	37	Anthony Jones	35	Staffs	18.19m	-5	51m58
68	Ricky Sharp	45	Rother	19.17m	-6	37m02	38	Mick O'Hagan	35	RHCamb	17.31m	+9	52m21
69	John Bowker	45	ECH&T	19.55m	-16	37m16	39	Stef Sternkopf	35	Worcs	17.54m	+4	52m32
70	Lee Caves	35	Centur	19.13m	-3	37m18	40	Ed Barlow	35	BRATC	17.21m	+12	52m50
71	Peat Allan	45	Winch	19.12m	+3	37m43	41	Adrian Sherwood	35	NHerts	19.24m	-11	52m52
72	Nigel Bulmer	45	Blkhth	19.55m	-7	37m56	42	Mark MacKintosh	45	TmBath	18.24m	-1	52m53
73	Ian Barrett	35	Ryston	19.16m	+2	38m02	43	Tony Hinchley	45	RSCold	18.26m	-1	53m00
74	Darren Edwards	45	Wolv&B	19.05m	+2	38m19	44	Mark Stewart	45	CovGod	17.05m	+15	53m01
75	Gary Bonner	45	Dudley	18.35m	+9	38m29	45	Andrew Blair	45	LeCrou	17.18m	+12	53m04
76	Mike O'Donnell	35	CLM	18.57m	+6	38m46	46	Richard Bromley	35	Owls	17.53m	+3	53m08
77	Bryce Gibson	45	Norwch	19.08m	+2	38m47	47	John McKeon	35	Bournv	17.46m	+8	53m19
78	Kevin Jones	45	LeCrou	19.29m	-1	38m49	48	Russell Simpson	35	RSCold	20.09m	-24	53m21
79	Victor Maughn	45	HerneH	22.14m	-42	38m58	49	Chris Langton	45	Norwch	18.13m	-1	53m24
80	Dave McCarthy	35	Birchf	19.59m	+3	39m51	50	Paul Mason	35	Wigan	18.42m	-6	53m25
81	Dave Waddington	45	Wigan	20.25m	-1	40m10	51	Steve Pennington	45	Salfd	17.27m	+10	53m28
82	Patrick Finnegan	45	Sparkh	20.00m	+7	40m19	52	Tim Miley	45	Morph	18.06m	+1	53m39
83	Dave Powner	35	Bournv	20.26m	+3	40m31	53	Jimmy O'Conner	35	Salfd B	18.54m	-7	53m42
84	Paul Jenkins	45	RSCold	20.56m	-3	40m42	54	Gary Butler	45	BedfH	17.46m	+6	53m43
85	Karl Lewis	35	Tipton	20.10m	+5	40m53	55	Kevin Monk	45	Haleso	18.22m	-5	53m48
86	Iain Crawley	45	Tonbrg	20.47m	+2	41m00	56	Chris Mooney	45	NeneV	17.45m	+7	54m02
87	Stewart Robins	35	Ryston	21.00m	+0	41m11	57	Tim Smith	45	Shrews	18.16m	+5	54m27
88	Robert Tipping	45	ValeRo	23.41m	-22	41m43	58	David Norman	45	Dudley	18.39m	+0	54m28
89	Kieran Pitt	35	Dudley	21.14m	+2	42m18	59	Peter McNally	45	Redhll	18.17m	+5	54m35
90	Chris Greenhalgh	45	WoldsV	23.22m	+2	45m58	60	Barry Ward	35	Havrng	19.55m	-15	54m42
91	Andy Harrod	45	Ryston	24.54m	+2	52m02	61	Geoff Fawkes	35	ValeRo	21.14m	-28	54m55
							62	John Rees	35	Charnw	18.50m	+3	55m09
							63	Phil Jacques	45	ECH&T	18.02m	+6	55m18
							64	Michael Hogan	45	CLM	18.44m	+3	55m27
							65	-----		No 102	19.10m	+1	55m41
							66	Andrew Wood	45	Tonbrg	20.26m	-15	55m53
							67	Jort Vanmourik	45	BRATC	20.28m	-11	56m02
							68	Michael Boyle	45	HerneH	17.21m	+11	56m19
							69	Steven Horten	35	Haleso	22.05m	-29	56m21
							70	Alan Camp	45	Blkhth	18.44m	+2	56m40
							71	Pete Johnson	35	Ryston	18.51m	+2	56m53
							72	Wayne Muddiman	35	Centur	19.45m	-2	57m03
							73	Matt Lane	45	Winch	19.41m	-2	57m24
							74	David Nuttall	45	Rother	21.31m	-6	58m33
							75	Dominic Kemp	45	Wolv&B	20.33m	-1	58m52
							76	Mark Homer	45	Dudley	20.37m	-1	59m06
							77	David Williams	45	LeCrou	20.27m	+1	59m16
							78	Mark Storey	45	Norwch	20.29m	-1	59m16
							79	John Goulding	45	Sparkh	18.58m	+3	59m17
							80	Keith Boxley	35	Birchf	20.10m	+0	1h00m01
							81	Will Honeybone	35	Ryston	19.32m	+6	1h00m43
							82	Robert Sedgley	35	Tipton	20.16m	+3	1h01m09
							83	David Haines	45	ValeRo	19.46m	+5	1h01m29
							84	Tony Foster	45	Wigan	21.31m	-3	1h01m41
							85	Steven Brooks	45	Tonbrg	20.48m	+1	1h01m48
							86	Mark Judge	35	Dudley	19.50m	+3	1h02m08
							87	Andy Quinn	35	CLM	24.44m	-11	1h03m30
							88	Micheal Deasy	45	RSCold	22.49m	-4	1h03m31
							89	Daniel Harvey	35	Bournv	23.51m	-6	1h04m22
							90	Malcolm Piper	45	WoldsV	25.22m	+0	1h11m20
							91	Michael Ennis	45	Ryston	28.00m	+0	1h20m02

Fastest laps in leg 2

1	Robert Gilroy	35	RHCamb	14.47m	+48
2	Phillip Tedd	35	ThamHH	15.18m	+4
3	James Williams	35	Salfd A	15.42m	+1
4	Huw Evans	35	LeCrou	15.45m	+19
5	James Bolton	35	Woodst	15.45m	+30
6	Stephen Millward	35	Gloucs	15.48m	+30
7	Orlando Corea	35	Birchf	15.49m	+21
8	James Douglas	35	Charnw	15.54m	+6
9	Simon Saxby	35	WoldsV	15.56m	+18
10	Steven McMahon	35	SundH	16.02m	+2

Positions after leg 3

1	Matt Jones	35	ThamHH	15.45m	+0	46m32
2	Matt Shaw	35	Salfd A	15.32m	+0	46m33
3	Gary Till	35	AFD	16.49m	+0	47m57
4	Ian Dixon	35	SundH	16.38m	+0	48m11
5	Gavin Tomlinson	35	Traffd	15.16m	+15	48m12
6	Mike Kingsbury	35	Charnw	16.38m	-1	48m16
7	Jonathan Green	35	Prestn	16.20m	-1	48m22
8	Jamie Reid	35	RHCamb	16.16m	+1	48m29
9	Matthew Hurford	35	LeCrou	16.41m	-2	48m45
10	Richard Heath	35	Havrng	16.08m	+7	48m48
11	Jon Jennings	35	BRATC	16.20m	+4	48m50
12	Darren Symes	45	AFD	16.35m	+1	48m55
13	Paul Thompson	35	Bournv	16.21m	+3	48m56
14	Robert Tudor	45	Salfd	16.19m	+4	49m05
15	Robert Keenan	35	Kirkin	16.44m	-1	49m14
16	Alex Parker	35	Birchf	17.07m	-8	49m18
17	Rob Sheen	45	LeiCor	17.04m	-7	49m18
18	Jas Brotherhood	35	CovGod	17.17m	-7	49m32
19	Glen Balmer	35	Gloucs	16.56m	+10	50m20
20	David Moir	45	TyneBr	17.16m	+3	50m21
21	Chris Adams	35	NDerby	17.04m	+6	50m24
22	David Wright	35	TyneBr	17.03m	+6	50m26
23	Che Plant	35	Ryston	17.38m	-4	50m31
24	Nigel Plaskitt	35	WoldsV	18.13m	-12	50m32
25	Tony Lewis	35	Morph	16.59m	+6	50m33

Fastest laps in leg 3

1	Gavin Tomlinson	35	Traffd	15.16m	+15
2	Matt Shaw	35	Salfd A	15.32m	+0
3	Matt Jones	35	ThamHH	15.45m	+0
4	Richard Heath	35	Havrng	16.08m	+7
5	Steve Rees	35	Neath	16.09m	+21
6	Jamie Reid	35	RHCamb	16.16m	+1
7	Robert Tudor	45	Salfd	16.19m	+4
8	Jonathan Green	35	Prestn	16.20m	-1
9	Jon Jennings	35	BRATC	16.20m	+4
10	Paul Thompson	35	Bournv	16.21m	+3

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Positions after leg 4

1	Ian Harkness	35	ThamHH	15.55m	+0	1h02m27
2	JOhn Lloyd	35	Salfd A	16.26m	+0	1h02m59
3	Kerry Wilson	35	RHCamb	15.21m	+5	1h03m50
4	Daniel Robinson	35	BRATC	15.36m	+7	1h04m26
5	Andrew Newton	35	Prestn	16.13m	+2	1h04m35
6	Alfred Waithaka	35	Havrng	16.05m	+4	1h04m53
7	Martin Rees	35	LeCrou	16.09m	+2	1h04m54
8	Ian Hudspith	35	Morph	14.31m	+17	1h05m04
9	Paul Gaylor	35	AFD	17.08m	-6	1h05m05
10	Noel Hitchcock	35	SundH	16.59m	-6	1h05m10
11	Darren Russell	35	Traffd	16.59m	-6	1h05m11
12	Scott Bannister	45	AFD	16.18m	+0	1h05m13
13	Mark Crofts	35	Charnw	17.14m	-7	1h05m30
14	Roger Alsop	45	Salfd	16.34m	+0	1h05m39
15	Gareth Deacon	45	LeiCor	16.48m	+2	1h06m06
16	Jul Richardson	45	Oxford	15.40m	+14	1h06m35
17	Howard Elliott	35	Kirkin	17.22m	-2	1h06m36
18	KenMacPherson	45	TyneBr	16.26m	+2	1h06m47
19	Paul Butcher	45	Mansfd	16.11m	+8	1h06m51
20	Andrew Boon	35	CovGod	17.26m	-2	1h06m58
21	Sean Rose	35	Bournv	18.08m	-8	1h07m04
22	Alan Turnbull	45	BedfCo	16.44m	+7	1h07m28
23	Nick Bensley	35	Ryston	17.13m	+0	1h07m44
24	Adam Guy	35	Wolv&B	17.18m	+2	1h07m52
25	Brian Rose	35	Sheff	17.22m	+3	1h08m04
26	David Daniels	35	TyneBr	17.41m	-4	1h08m07
27	Simon Rhodes	35	Birchf	18.50m	-11	1h08m08
28	Steven Haines	35	Gloucs	17.49m	-9	1h08m09
29	Russell White	35	NDerby	17.54m	-8	1h08m18
30	Charles Lound	45	Dulwch	17.14m	+2	1h08m27
31	Simon Gibney	35	WoldsV	18.19m	-7	1h08m51
32	Steve McKeown	45	NHerts	17.10m	+3	1h08m59
33	Andy Neatham	45	Barnet	17.18m	+3	1h09m10
34	Andy Henderson	35	Tipton	18.15m	-3	1h09m18
35	Paul Talbot	35	Neath	18.08m	-2	1h09m50
36	Rene Vergo	35	BRATC	17.37m	+4	1h10m27
37	Chris O'Neill	35	Owls	17.28m	+9	1h10m36
38	Andrew Peach	35	Worcs	18.05m	+1	1h10m37
39	Edward McGrath	45	RSCold	17.44m	+4	1h10m44
40	Ian Yates	35	Staffs	18.55m	-3	1h10m53
41	Sean Beard	45	NeneV	17.01m	+15	1h11m03
42	Michael Peters	45	CovGod	18.07m	+2	1h11m08
43	John Walshaw	45	Norwch	18.04m	+6	1h11m28
44	Tony Barnes	45	BedfH	17.55m	+10	1h11m38
45	Richard Bullen	45	LeCrou	18.50m	+0	1h11m54
46	Paul Newton	45	Redhll	17.20m	+13	1h11m55
47	Mark Cook	35	NHerts	19.08m	-6	1h12m00
48	Dan Eisenhandler	35	Woodst	20.20m	-14	1h12m08
49	Gavin Bayne	45	Morph	18.40m	+3	1h12m19
50	Neil Prescott	35	Wigan	19.05m	+0	1h12m30
51	Paul Baker	35	RSCold	19.22m	-3	1h12m43
52	Darran Bishop	45	Dudley	18.18m	+6	1h12m46
53	Trevor Rayner	45	Salfd	19.19m	-2	1h12m47
54	Mike Scotney	35	Bournv	19.32m	-7	1h12m51
55	Mark Turner	35	Haleso	16.44m	+14	1h13m05
56	Ian Fraser	45	ECH&T	17.48m	+7	1h13m06
57	Tom Conlon	45	HerneH	16.50m	+11	1h13m09
58	Steve Turk	45	Shrews	18.42m	-1	1h13m09
59	Mark Thomas	45	TmBath	20.17m	-17	1h13m10
60	Kevin Davies	45	CLM	17.57m	+4	1h13m24
61	Robert Weaver	45	Haleso	19.45m	-6	1h13m33
62	Gavin Maley	35	Havrng	19.18m	-2	1h14m00
63	Mark P-Knowles	45	Tonbrg	18.22m	+3	1h14m15
64	Jake Smith	35	Charnw	19.54m	-2	1h15m03
65	Brian Dooley	35	ValeRo	20.38m	-4	1h15m33
66	Matt Wortley	35	Ryston	18.54m	+5	1h15m47
67	Rob Ryan	45	BRATC	19.48m	+0	1h15m50
68	Giles Clifford	45	Blkhth	19.11m	+2	1h15m51
69	-----		No 102	20.23m	-4	1h16m04
70	Chris McCann	35	Centur	19.53m	+2	1h16m56
71	Steve Oliver	45	Winch	19.36m	+2	1h17m00
72	Mark Solway	45	Norwch	18.58m	+6	1h18m14
73	Gra Wildgoose	45	Dudley	19.35m	+3	1h18m41
74	Richard Self	45	LeCrou	19.37m	+3	1h18m53
75	Matt Biggs	35	Dudley	17.06m	+11	1h19m14
76	Paul Clemmens	45	Rother	20.50m	-2	1h19m23
77	Richard Preston	45	Wolv&B	20.40m	-2	1h19m32

78	Dennis Moran	35	Salfd B	26.04m	-25	1h19m46
79	Grahame Hygate	45	Sparkh	21.35m	+0	1h20m52
80	David Collins	45	Wigan	19.15m	+4	1h20m56
81	Mark Doughy	35	Ryston	20.20m	+0	1h21m03
82	Chris Beard	45	ValeRo	20.40m	+1	1h22m09
83	Duncan Ralph	45	Tonbrg	20.44m	+2	1h22m32
84	Nicholas Roscoe	35	CLM	19.30m	+3	1h23m00
85	Andrew Hall	35	Bournv	18.49m	+4	1h23m11
86	John Fletcher	45	RSCold	19.59m	+2	1h23m30
87	Keith Best	35	Tipton	23.23m	-5	1h24m32
88	Richard Donoghue	35	Birchf	24.43m	-8	1h24m44
89	Stephen Lewis	45	WoldsV	23.04m	+1	1h34m24
90	Simon Tarling	45	Ryston	24.27m	+1	1h44m29

Fastest laps in leg 4

1	Ian Hudspith	35	Morph	14.31m	+17
2	Kerry Wilson	35	RHCamb	15.21m	+5
3	Daniel Robinson	35	BRATC	15.36m	+7
4	Jul Richardson	45	Oxford	15.40m	+14
5	Ian Harkness	35	ThamHH	15.55m	+0
6	Alfred Waithaka	35	Havrng	16.05m	+4
7	Martin Rees	35	LeCrou	16.09m	+2
8	Paul Butcher	45	Mansfd	16.11m	+8
9	Andrew Newton	35	Prestn	16.13m	+2
10	Scott Bannister	45	AFD	16.18m	+0

Positions after leg 5

1	Simon Molden	35	ThamHH	16.17m	+0	1h18m44
2	Iain Reid	35	RHCamb	15.47m	+1	1h19m37
3	Rob Hughes	35	Salfd A	16.44m	-1	1h19m43
4	Gethin Butler	35	Prestn	15.32m	+1	1h20m07
5	Mark Lawlor	35	BRATC	16.42m	-1	1h21m08
6	Matthew Bland	35	Havrng	17.06m	+0	1h21m59
7	Mark Finlayson	35	LeCrou	17.10m	+0	1h22m04
8	Michael Hunt	35	Traffd	17.06m	+3	1h22m17
9	Robert Hancox	35	Morph	17.17m	-1	1h22m21
10	Matthew Knowles	35	SundH	17.21m	+0	1h22m31
11	Michael Boucher	35	AFD	17.52m	-2	1h22m57
12	David Hogg	35	Kirkin	16.50m	+5	1h23m26
13	David Locker	35	Charnw	18.01m	+0	1h23m31
14	Chris Collins	35	Bournv	16.53m	+7	1h23m57
15	Alex Collings	35	Sheff	16.44m	+10	1h24m48
16	Aaron Bodycote	35	CovGod	17.55m	+4	1h24m53
17	Lee Moreton	35	Wolv&B	17.09m	+7	1h25m01
18	Tim Clayton	35	NDerby	17.27m	+11	1h25m45
19	Mike Mansfield	35	Gloucs	17.53m	+9	1h26m02
20	Shaun Mann	35	Ryston	18.21m	+3	1h26m05
21	Paul Hilton	35	TyneBr	18.27m	+5	1h26m34
22	Paul Griffiths	35	Neath	16.50m	+13	1h26m40
23	Laur Heathcock	35	Tipton	17.33m	+11	1h26m51
24	Stephen McCann	35	Birchf	19.35m	+3	1h27m43
25	David Gibney	35	WoldsV	19.23m	+6	1h28m14
26	Matt Fairlamb	35	Worcs	17.45m	+12	1h28m22
27	Nick Mapp	35	Owls	18.03m	+10	1h28m39
28	David Owen	35	Staffs	19.25m	+12	1h30m18
29	Rob Linnell	35	Woodst	18.13m	+19	1h30m21
30	Richard Guest	35	Haleso	17.57m	+25	1h31m02
31	Andrew Wheeler	35	Bournv	18.25m	+23	1h31m16
32	Richard Harbon	35	NHerts	19.46m	+15	1h31m46
33	Stephen Pitt	35	RSCold	19.16m	+18	1h31m59
34	Richard Noone	35	Wigan	19.50m	+16	1h32m20
35	Rob Dickenson	35	Havrng	19.14m	+27	1h33m14
36	Nigel Scoggins	35	Charnw	19.39m	+28	1h34m42
37	Allan Hamilton	35	Ryston	18.57m	+29	1h34m44
38	Derek Hardy	35	BRATC	25.29m	-2	1h35m56
39	James Wright	35	Dudley	17.27m	+36	1h36m41
40	Iain Stanton	35	ValeRo	21.39m	+25	1h37m12
41	James Houghton	35	Centur	22.13m	+29	1h39m09
42	Barry Smith	35	Ryston	21.00m	+39	1h42m03
43	John Wilcock	35	CLM	19.49m	+41	1h42m49
44	Lee Abrahams	35	Tipton	21.04m	+43	1h45m36
45	Barry Roberts	35	Bournv	24.47m	+40	1h47m58

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Fastest laps in leg 5

1	Gethin Butler	35	Prestn	15.32m	+1
2	Iain Reid	35	RHCamb	15.47m	+1
3	Simon Molden	35	ThamHH	16.17m	+0
4	Mark Lawlor	35	BRATC	16.42m	-1
5	Rob Hughes	35	Salfd A	16.44m	-1
6	Alex Collings	35	Sheff	16.44m	+10
7	David Hogg	35	Kirkin	16.50m	+5
8	Paul Griffiths	35	Neath	16.50m	+13
9	Chris Collins	35	Bournv	16.53m	+7
10	Matthew Bland	35	Havrng	17.06m	+0

Positions after leg 6

1	Simon Wurr	35	ThamHH	16.05m	+0	1h34m49
2	Stevie Wylie	35	RHCamb	15.36m	+0	1h35m13
3	Robert Affleck	35	Prestn	15.23m	+1	1h35m30
4	James Kovacs	35	Salfd A	16.02m	-1	1h35m45
5	Martin Matthews	35	BRATC	16.05m	+0	1h37m13
6	Phil Cook	35	LeCrou	15.57m	+1	1h38m01
7	Jason Lendon	35	Havrng	17.06m	-1	1h39m05
8	Mick Thomsen	35	Morph	16.53m	+1	1h39m14
9	Michael Thompson	35	SundH	16.48m	+1	1h39m19
10	Louis O'Hare	35	Kirkin	16.18m	+2	1h39m44
11	Mike Hutchinson	35	Traffd	18.03m	-3	1h40m20
12	Adam Lockton	35	Charnw	17.27m	+1	1h40m58
13	Dave Smith	35	Wolv&B	16.23m	+4	1h41m24
14	Oliver Kirkland	35	Bournv	17.57m	+0	1h41m54
15	Chris Ireland	35	Sheff	17.31m	+0	1h42m19
16	Ray Gascoyne	35	AFD	19.57m	-5	1h42m54
17	Steven Penney	35	NDerby	17.13m	+1	1h42m58
18	Adam Howard	35	Ryston	17.43m	+2	1h43m48
19	Simon Cooper	35	Tipton	17.04m	+4	1h43m55
20	John Hurse	35	TyneBr	17.26m	+1	1h44m00
21	Gareth Davey	35	Neath	17.40m	+1	1h44m20
22	Simon Clarke	35	CovGod	19.59m	-6	1h44m52
23	Simon McNamee	35	Birchf	17.57m	+1	1h45m40
24	Chris Woodforth	35	WoldsV	19.18m	+1	1h47m32
25	Brian O'Connor	35	Woodst	17.13m	+4	1h47m34
26	Matthew Allen	35	Haleso	17.30m	+4	1h48m32
27	Daniel Wilson	35	Bournv	18.30m	+4	1h49m46
28	Ashley Brutnall	35	Owls	21.19m	-1	1h49m58
29	Fred Tremblay	35	RSCold	18.40m	+4	1h50m39
30	Darren Matussa	35	NHerts	19.18m	+2	1h51m04
31	Nigel Tyler	35	Havrng	18.04m	+4	1h51m18
32	Colin McEvoy	35	Wigan	19.35m	+2	1h51m55
33	George Lamplough	35	Staffs	22.39m	-5	1h52m57
34	Darren Easter	35	Ryston	19.45m	+3	1h54m29
35	Darren Cottier	35	ValeRo	17.42m	+5	1h54m54
36	Simon Blizzard	35	Dudley	19.03m	+3	1h55m44
37	Harry Fowler	35	BRATC	20.47m	+1	1h56m43
38	Andrew Pitchford	35	Charnw	24.58m	-2	1h59m40
39	Andy Matthews	35	Centur	22.01m	+2	2h01m10
40	Alex Cran	35	CLM	18.58m	+3	2h01m47
41	Martin Blackburn	35	Ryston	23.48m	+1	2h05m51
42	Matthew West	35	Tipton	20.38m	+2	2h06m14
43	Stephen Doswell	35	Bournv	23.32m	+2	2h11m30

Fastest laps in leg 6

1	Robert Affleck	35	Prestn	15.23m	+1
2	Stevie Wylie	35	RHCamb	15.36m	+0
3	Phil Cook	35	LeCrou	15.57m	+1
4	James Kovacs	35	Salfd A	16.02m	-1
5	Simon Wurr	35	ThamHH	16.05m	+0
6	Martin Matthews	35	BRATC	16.05m	+0
7	Louis O'Hare	35	Kirkin	16.18m	+2
8	Dave Smith	35	Wolv&B	16.23m	+4
9	Michael Thompson	35	SundH	16.48m	+1
10	Mick Thomsen	35	Morph	16.53m	+1

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M35 Team Results

1 Thames Hare & Hounds 1h34.49m

Ben Reynolds	15.29m	
Phillip Tedd	15.18m	+4
Matt Jones	15.45m	+0
Ian Harkness	15.55m	+0
Simon Molden	16.17m	+0
Simon Wurr	16.05m	+0

2 Ron Hill Cambuslang 1h35.13m

Charlie Thomson	17.26m	
Robert Gilroy	14.47m	+48
Jamie Reid	16.16m	+1
Kerry Wilson	15.21m	+5
Iain Reid	15.47m	+1
Stevie Wylie	15.36m	+0

3 Preston Harriers 1h35.30m

Gary Pennington	15.41m	
Jason Parker	16.21m	+3
Jonathan Green	16.20m	-1
Andrew Newton	16.13m	+2
Gethin Butler	15.32m	+1
Robert Affleck	15.23m	+1

4 Salford H&AC A 1h35.45m

Stu Robinson	15.19m	
James Williams	15.42m	+1
Matt Shaw	15.32m	+0
JOhn Lloyd	16.26m	+0
Rob Hughes	16.44m	-1
James Kovacs	16.02m	-1

5 Birmingham RATC 1h37.13m

Mark Ince	15.37m	
Kevin McMillan	16.53m	-8
Jon Jennings	16.20m	+4
Daniel Robinson	15.36m	+7
Mark Lawlor	16.42m	-1
Martin Matthews	16.05m	+0

6 Les Croupiers 1h38.01m

Steve Paterson	16.19m	
Huw Evans	15.45m	+19
Matthew Hurford	16.41m	-2
Martin Rees	16.09m	+2
Mark Finlayson	17.10m	+0
Phil Cook	15.57m	+1

7 Havering Mayesbrook AC 1h39.05m

Steve Rand	16.20m	
Paul Grange	16.20m	+10
Richard Heath	16.08m	+7
Alfred Waitthaka	16.05m	+4
Matthew Bland	17.06m	+0
Jason Lendon	17.06m	-1

8 Morpeth Harriers & AC 1h39.14m

Paul Waterston	16.45m	
Neil Wilkinson	16.49m	+7
Tony Lewis	16.59m	+6
Ian Hudspith	14.31m	+17
Robert Hancox	17.17m	-1

Mick Thomsen	16.53m	+1
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9 Sunderland Harriers & AC 1h39.19m

Kevin Jeffress	15.31m	
Steven McMahon	16.02m	+2
Ian Dixon	16.38m	+0
Noel Hitchcock	16.59m	-6
Matthew Knowles	17.21m	+0
Michael Thompson	16.48m	+1

10 Kirkintilloch Olympians 1h39.44m

Graham McCabe	16.11m	
Stephen Allan	16.19m	+5
Robert Keenan	16.44m	-1
Howard Elliott	17.22m	-2
David Hogg	16.50m	+5
Louis O'Hare	16.18m	+2

11 Trafford Athletic Club 1h40.20m

Jeff Prest	15.58m	
Tim Fletcher	16.58m	-5
Darren Russell	15.16m	+15
Gavin Tomlinson	16.59m	-6
Michael Hunt	17.06m	+3
Mike Hutchinson	18.03m	-3

12 Charnwood A C 1h40.58m

Mark Couldwell	15.44m	
James Douglas	15.54m	+6
Mike Kingsbury	16.38m	-1
Mark Crofts	17.14m	-7
David Locker	18.01m	+0
Adam Lockton	17.27m	+1

13 Wolverhampton & Bilston 1h41.24m

Gareth Briggs	16.28m	
Paul Thacker	16.36m	+9
Jason Corns	17.30m	-4
Adam Guy	17.18m	+2
Lee Moreton	17.09m	+7
Dave Smith	16.23m	+4

14 Bournville Harriers 1h41.54m

Dean Parker	15.53m	
Richard Bayliss	16.42m	-3
Paul Thompson	16.21m	+3
Sean Rose	18.08m	-8
Chris Collins	16.53m	+7
Oliver Kirkland	17.57m	+0

15 Sheffield RC 1h42.19m

Joe Fowler	16.18m	
Trevor Neville	17.01m	-1
Kev Bartholomew	17.23m	-2
Brian Rose	17.22m	+3
Alex Collings	16.44m	+10
Chris Ireland	17.31m	+0

16 Aldershot Farnham & Dist 1h42.54m

Elliot Robinson	15.01m	
Brian Wakem	16.07m	-2
Gary Till	16.49m	+0
Paul Gaylor	17.08m	-6
Michael Boucher	17.52m	-2
Ray Gascoyne	19.57m	-5

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17 North Derbyshire RC 1h42.58m

Martin Dawson	16.11m	
Paul Sorrell	17.09m	-9
Chris Adams	17.04m	+6
Russell White	17.54m	-8
Tim Clayton	17.27m	+11
Steven Penney	17.13m	+1

18 Ryston Runners 1h43.48m

Matt Pyatt	15.55m	
Malcolm Tuff	16.58m	-5
Che Plant	17.38m	-4
Nick Bensley	17.13m	+0
Shaun Mann	18.21m	+3
Adam Howard	17.43m	+2

19 Tipton Harriers 1h43.55m

Philip Clamp	16.56m	
Paul Rogers	17.05m	+4
Dean Hill	17.02m	+7
Andy Henderson	18.15m	-3
Laur Heathcock	17.33m	+11
Simon Cooper	17.04m	+4

20 Tyne Bridge Harriers 1h44.00m

Cees VanDer Land	16.53m	
Paul Turnbull	16.30m	+13
David Wright	17.03m	+6
David Daniels	17.41m	-4
Paul Hilton	18.27m	+5
John Hurse	17.26m	+1

21 Neath Harriers 1h44.20m

Chris Jenkins	17.03m	
Andrew Jenkins	18.30m	-10
Steve Rees	16.09m	+21
Paul Talbot	18.08m	-2
Paul Griffiths	16.50m	+13
Gareth Davey	17.40m	+1

22 Coventry Godiva Harriers 1h44.52m

Scott Hazell	15.43m	
Iwan Jones	16.32m	-1
Jas Brotherhood	17.17m	-7
Andrew Boon	17.26m	-2
Aaron Bodycote	17.55m	+4
Simon Clarke	19.59m	-6

23 Birchfield Harriers 1h45.40m

Sam Chatwin	16.22m	
Orlando Corea	15.49m	+21
Alex Parker	17.07m	-8
Simon Rhodes	18.50m	-11
Stephen McCann	19.35m	+3
Simon McNamee	17.57m	+1

24 Wolds Veteran RC 1h47.32m

Gary Thomas	16.23m	
Simon Saxby	15.56m	+18
Nigel Plaskitt	18.13m	-12
Simon Gibney	18.19m	-7
David Gibney	19.23m	+6
Chris Woodforth	19.18m	+1

25 Woodstock Harriers AC 1h47.34m

David Cantwell	17.18m	
James Bolton	15.45m	+30
Bryan Vaughan	18.45m	-13
Dan Eisenhandler	20.20m	-14
Rob Linnell	18.13m	+19
Brian O'Connor	17.13m	+4

26 Halesowen ACC 1h48.32m

Roger Mallard	17.18m	
Tom Kenderdine	16.58m	+10
Steven Horten	22.05m	-29
Mark Turner	16.44m	+14
Richard Guest	17.57m	+25
Matthew Allen	17.30m	+4

27 Bournville Harriers 1h49.46m

Stuart Pearson	17.38m	
Richard Rollins	17.55m	+6
John McKeon	17.46m	+8
Mike Scotney	19.32m	-7
Andrew Wheeler	18.25m	+23
Daniel Wilson	18.30m	+4

28 Owls AC Leicester 1h49.58m

Scott Green	16.35m	
Dale Cave	18.40m	-15
Richard Bromley	17.53m	+3
Chris O'Neill	17.28m	+9
Nick Mapp	18.03m	+10
Ashley Brutnall	21.19m	-1

29 Royal Sutton Coldfield AC 1h50.39m

Oli Harradence	16.07m	
Paul Terleski	17.05m	-8
Russell Simpson	20.09m	-24
Paul Baker	19.22m	-3
Stephen Pitt	19.16m	+18
Fred Tremblay	18.40m	+4

30 North Herts RRC 1h51.04m

Mark Vaughan	16.21m	
John Rayner	17.07m	-2
Adrian Sherwood	19.24m	-11
Mark Cook	19.08m	-6
Richard Harbon	19.46m	+15
Darren Matussa	19.18m	+2

31 Havering Mayesbrook AC 1h51.18m

Paul Wyatt	16.56m	
Jason Crispin	17.51m	-2
Barry Ward	19.55m	-15
Gavin Maley	19.18m	-2
Rob Dickenson	19.14m	+27
Nigel Tyler	18.04m	+4

32 Wigan & District H & AC 1h51.55m

Gary Fitzpatrick	16.16m	
Mike Harris	18.27m	-23
Paul Mason	18.42m	-6
Neil Prescott	19.05m	+0
Richard Noone	19.50m	+16
Colin McEvoy	19.35m	+2

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33 Staffs Moorlands AC	1h52.57m		41 Ryston Runners	2h05.51m
Jason Burgess	16.29m		Andy Wicklen	20.11m
Greg Beech	17.10m	+0	Stewart Robins	21.00m +0
Anthony Jones	18.19m	-5	Will Honeybone	19.32m +6
Ian Yates	18.55m	-3	Mark Doughty	20.20m +0
David Owen	19.25m	+12	Barry Smith	21.00m +39
George Lamplough	22.39m	-5	Martin Blackburn	23.48m +1
34 Ryston Runners	1h54.29m		42 Tipton Harriers	2h06.14m
Phil Twite	18.46m		Bryan Mills	20.43m
Ian Barrett	19.16m	+2	Karl Lewis	20.10m +5
Pete Johnson	18.51m	+2	Robert Sedgley	20.16m +3
Matt Wortley	18.54m	+5	Keith Best	23.23m -5
Allan Hamilton	18.57m	+29	Lee Abrahams	21.04m +43
Darren Easter	19.45m	+3	Matthew West	20.38m +2
35 Vale Royal AC	1h54.54m		43 Bournville Harriers	2h11.30m
Stuart Doyle	15.40m		Antony Stewart	20.05m
Matt Sweeting	18.01m	-25	Dave Powner	20.26m +3
Geoff Fawkes	21.14m	-28	Daniel Harvey	23.51m -6
Brian Dooley	20.38m	-4	Andrew Hall	18.49m +4
Iain Stanton	21.39m	+25	Barry Roberts	24.47m +40
Darren Cottier	17.42m	+5	Stephen Doswell	23.32m +2
36 Dudley Kingswinford RC	1h55.44m		44 Salford H&AC B	
Richard Tonks	21.04m		Dave Hudson	16.51m
Kieran Pitt	21.14m	+2	Charles Foster	17.57m -6
Mark Judge	19.50m	+3	Jimmy O'Conner	18.54m -7
Matt Biggs	17.06m	+11	Dennis Moran	26.04m -25
James Wright	17.27m	+36		
Simon Blizzard	19.03m	+3		
37 Birmingham RATC	1h56.43m		45 Birchfield Harriers	
Toby Close	18.05m		Jonathan Swain	19.52m
Stuart Male	17.24m	+16	Dave McCarthy	19.59m +3
Ed Barlow	17.21m	+12	Keith Boxley	20.10m +0
Rene Vergo	17.37m	+4	Richard Donoghue	24.43m -8
Derek Hardy	25.29m	-2		
Harry Fowler	20.47m	+1		
38 Charnwood A C	1h59.40m		46 Gloucester AC	
Glenn North	18.16m		James Head	17.36m
Martin Makin	18.03m	+6	Stephen Millward	15.48m +30
John Rees	18.50m	+3	Glen Balmer	16.56m +10
Jake Smith	19.54m	-2	Steven Haines	17.49m -9
Nigel Scoggins	19.39m	+28	Mike Mansfield	17.53m +9
Andrew Pitchford	24.58m	-2		
39 Centurion RC	2h01.10m		47 Leicester Coritnian AC	
I Satterthwaite	18.05m		Mark Powell	15.12m
Lee Caves	19.13m	-3		
Wayne Muddiman	19.45m	-2	48 Ron Hill Cambuslang	
Chris McCann	19.53m	+2	Scott Hunter	18.06m
James Houghton	22.13m	+29	Frank McGowan	16.44m +22
Andy Matthews	22.01m	+2	Mick O'Hagan	17.31m +9
40 Clayton Le Moors Harriers	2h01.47m		49 Wolverhampton & Bilston	
Paul Wale	19.49m		Stu Whitehouse	19.57m
Mike O'Donnell	18.57m	+6		
Andy Quinn	24.44m	-11		
Nicholas Roscoe	19.30m	+3		
John Wilcock	19.49m	+41		
Alex Cran	18.58m	+3		

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50 Worcester AC

Warren Miles	16.44m	
Nick Hitchings	17.54m	-7
Stef Sternkopf	17.54m	+4
Andrew Peach	18.05m	+1
Matt Fairlamb	17.45m	+12

M45 Team Results

1 Aldershot Farnham & Dist 1h05.13m

Mark Symes	15.52m	
Tad Dicker	16.28m	-1
Darren Symes	16.35m	+1
Scott Bannister	16.18m	+0

2 Salford Harriers & AC 1h05.39m

Gerry O'Neill	16.08m	
Paul Simons	16.38m	-1
Robert Tudor	16.19m	+4
Roger Alsop	16.34m	+0

3 Leicester Coritanian AC 1h06.06m

Gordon Lee	15.20m	
David Pearce	16.54m	-6
Rob Sheen	17.04m	-7
Gareth Deacon	16.48m	+2

4 Oxford City AC 1h06.35m

John Atyeo	17.04m	
Heath Bampton	16.38m	+11
Bask Richard	17.13m	+4
Jul Richardson	15.40m	+14

5 Tyne Bridge Harriers 1h06.47m

Keith Smith	16.12m	
Matt Tomlinson	16.53m	-3
David Moir	17.16m	+3
KenMacPherson	16.26m	+2

6 Mansfield Harriers 1h06.51m

Phillip Shaw	17.37m	
Andy Wetherill	16.35m	+21
Alan Smith	16.28m	+12
Paul Butcher	16.11m	+8

7 Bedford & County AC 1h07.28m

Jim McMahon	16.37m	
Stephen Earley	17.23m	-2
Steven Herring	16.44m	+8
Alan Turnbull	16.44m	+7

8 Dulwich Runners AC 1h08.27m

Tony Tuohy	16.32m	
Stephen Davies	16.43m	+8
Eberhard Prill	17.58m	-7
Charles Lound	17.14m	+2

9 North Herts RRC 1h08.59m

Andrew Leach	16.17m	
Nick Malpeli	17.37m	-13
James Walsh	17.55m	+1
Steve McKeown	17.10m	+3

10 Barnet & District AC 1h09.10m

Andrew Kelleher	17.13m	
Adrian Mason	16.34m	+13
Costa Michael	18.05m	-1
Andy Neatham	17.18m	+3

11 Royal Sutton Coldfield AC 1h10.44m

Rob Andrew	16.51m	
Simon Corker	17.43m	-3
Tony Hinchley	18.26m	-1
Edward McGrath	17.44m	+4

12 Nene Valley Harriers 1h11.03m

Lance Hemmings	19.25m	
David Neal	16.52m	+15
Chris Mooney	17.45m	+7
Sean Beard	17.01m	+15

13 Coventry Godiva Harriers 1h11.08m

Martyn Brunt	17.11m	
Ian Gower	18.45m	-13
Mark Stewart	17.05m	+15
Michael Peters	18.07m	+2

14 City Of Norwich AC 1h11.28m

Spencer Goodall	16.17m	
Goy Roper	18.54m	-26
Chris Langton	18.13m	-1
John Walshaw	18.04m	+6

15 Bedford Harriers AC 1h11.38m

Kevin Willett	17.22m	
Neil Lovesey	18.35m	-6
Gary Butler	17.46m	+6
Tony Barnes	17.55m	+10

16 Les Croupiers 1h11.54m

Martin Williams	17.12m	
Ben Farag	18.34m	-10
Andrew Blair	17.18m	+12
Richard Bullen	18.50m	+0

17 Redhill Road Runners 1h11.55m

Simon Nash	17.24m	
Clive Greyson	18.54m	-9
Peter McNally	18.17m	+5
Paul Newton	17.20m	+13

18 Morpeth Harriers & AC 1h12.19m

Paul Brown	17.57m	
Philip Walker	17.36m	+11
Tim Miley	18.06m	+1
Gavin Bayne	18.40m	+3

19 Dudley Kingswinford RC 1h12.46m

Kevin Duckworth	17.52m	
Andrew Sprague	17.57m	+5
David Norman	18.39m	+0
Darran Bishop	18.18m	+6

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20 Salford Harriers & AC	1h12.47m	30 -----	1h16.04m
Derek Crewe	17.14m	-----	17.28m
Paul Birkett	18.47m -12	-----	19.03m -8
Steve Pennington	17.27m +10	-----	19.10m +1
Trevor Rayner	19.19m -2	-----	20.23m -4
21 East Cheshire & Tameside	1h13.06m	31 Winchester & District AC	1h17.00m
Barry Hirst	17.21m	Franklyn Young	18.31m
John Bowker	19.55m -16	Peat Allan	19.12m +3
Phil Jacques	18.02m +6	Matt Lane	19.41m -2
Ian Fraser	17.48m +7	Steve Oliver	19.36m +2
22 Herne Hill Harriers	1h13.09m	32 City Of Norwich AC	1h18.14m
Keith Newton	16.44m	Stephen Church	19.39m
Victor Maughn	22.14m -42	Bryce Gibson	19.08m +2
Michael Boyle	17.21m +11	Mark Storey	20.29m -1
Tom Conlon	16.50m +11	Mark Solway	18.58m +6
23 Shrewsbury AC	1h13.09m	33 Dudley Kingswinford RC	1h18.41m
Richard Jones	18.22m	Darren Thompson	19.54m
Kevin Francis	17.49m +11	Gary Bonner	18.35m +9
Tim Smith	18.16m +5	Mark Homer	20.37m -1
Steve Turk	18.42m -1	Gra Wildgoose	19.35m +3
24 Team Bath Athletics Club	1h13.10m	34 Les Croupiers	1h18.53m
David Coales	16.18m	Evatt Cummings	19.20m
Gary Hughes	18.11m -17	Kevin Jones	19.29m -1
Mark MacKintosh	18.24m -1	David Williams	20.27m +1
Mark Thomas	20.17m -17	Richard Self	19.37m +3
25 Clayton Le Moors Harriers	1h13.24m	35 Rotherham Harriers and AC	1h19.23m
Paul Shackleton	18.18m	John Comrie	17.45m
Garry Wilkinson	18.25m +5	Ricky Sharp	19.17m -6
Michael Hogan	18.44m +3	David Nuttall	21.31m -6
Kevin Davies	17.57m +4	Paul Clemmens	20.50m -2
26 Halesowen ACC	1h13.33m	36 Wolverhampton & Bilston	1h19.32m
David Lewis	18.11m	Robert Edwards	19.14m
Bill Nock	17.15m +20	Darren Edwards	19.05m +2
Kevin Monk	18.22m -5	Dominic Kemp	20.33m -1
Robert Weaver	19.45m -6	Richard Preston	20.40m -2
27 Tonbridge AC	1h14.15m	37 Sparkhill Harriers	1h20.52m
Graeme Saker	17.25m	Stuart Underwood	20.19m
Philip Coleman	18.02m +5	Patrick Finnegan	20.00m +7
Andrew Wood	20.26m -15	John Goulding	18.58m +3
Mark P-Knowles	18.22m +3	Grahame Hygate	21.35m +0
28 Birmingham RATC	1h15.50m	38 Wigan & District H & AC	1h20.56m
Huw Jones	17.20m	David Banks	19.45m
Andy Kenchington	18.14m -4	Dave Waddington	20.25m -1
Jort Vanmourik	20.28m -11	Tony Foster	21.31m -3
Rob Ryan	19.48m +0	David Collins	19.15m +4
29 Blackheath and Bromley	1h15.51m	39 Vale Royal AC	1h22.09m
Neil Ayrton	18.01m	David Shepherd	18.02m
Nigel Bulmer	19.55m -7	Robert Tipping	23.41m -22
Alan Camp	18.44m +2	David Haines	19.46m +5
Giles Clifford	19.11m +2	Chris Beard	20.40m +1

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40 Tonbridge AC 1h22.32m

Anthony Cohen	20.13m	
Iain Crawley	20.47m	+2
Steven Brooks	20.48m	+1
Duncan Ralph	20.44m	+2

41 Royal Sutton Coldfield AC 1h23.30m

Matthew Stenson	19.46m	
Paul Jenkins	20.56m	-3
Micheal Deasy	22.49m	-4
John Fletcher	19.59m	+2

42 Wolds Veteran RC 1h34.24m

Martin Young	22.36m	
Chris Greenhalgh	23.22m	+2
Malcolm Piper	25.22m	+0
Stephen Lewis	23.04m	+1

43 Ryston Runners 1h44.29m

Jeffrey Reed	27.08m	
Andy Harrod	24.54m	+2
Michael Ennis	28.00m	+0
Simon Tarling	24.27m	+1